

**Women
Supporting
Women in
Business**

WBN Mission Statement

The Women's Business Network is an alliance of local business and professional women who foster mutual success in the areas of profitability, leadership, and personal and professional growth through investing in networking, education, and mutual support...

SINCE 1994



**Network
News**

CONTACT INFORMATION

P.O. Box 1412
Eugene, OR 97440

Messages: 541-984-8778

www.wbneugene.org

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WBN meets the first Thursday of every month at the Valley River Inn, 1000 Valley River Way, Eugene, OR 97401 (541-687-0123).

Submit newsletter items to:
**WBN, P.O. Box 1412
Eugene, OR 97440**

or
newsletter@wbneugene.org
(Deadline is the 15th of the preceding month)

Newsletter Editor
Angela Egremont • 343-0917

ON THE SLATE FOR JANUARY

Employment Law Changes Explained
*Mike Lehman, Attorney & General Manager
 Cardinal Services*

Thursday, January 3, 2008 • 11:30 a.m.

**Valley River Inn
 1000 Valley River Way
 Eugene, OR 97401
 541-687-0123**

**Meeting Fee \$13 (includes lunch)
 (\$10 charge for returned checks)**

Crucial Changes to Employment Law Effective January 1, 2008

At our Jan. 3 meeting, Mike Lehman, former member of the House of Representatives, an attorney and general manager of Cardinal Services for 12 years, will give us his insight on the crucial changes in employment law effective the first of the year.

You may be surprised at the new changes. For instance, many small businesses unaccustomed to holding safety meetings will now be required to not only have the meetings, but document them to Oregon OSHA's satisfaction. Currently, most employers with fewer than 10 employees do not have to hold safety meetings or have safety committees.

Even if you are self-employed, you will need to meet with yourself

and document it properly or else you might be subject to a \$500 fine!

Fourteen new employment laws will go into effect on Jan. 1. Some of these laws will only apply to employers of specific sizes. Mike Lehman will be available to provide updates on these changes and the significant impact they will make to your business.

Cardinal Services is a Professional Employer Organization, helping small and mid-sized businesses hire, manage, and retain the best employees while minimizing costs.

Questions? Contact WBN Member Flo Hoskinson, Cardinal Services, 541-726-8060 X2203, or florence@cardinal-services.com

NOTE: To members whose companies write checks to pay their dues, please note in the Memo section the name of the member as it is often impossible to determine who the payment is for. Thanks!

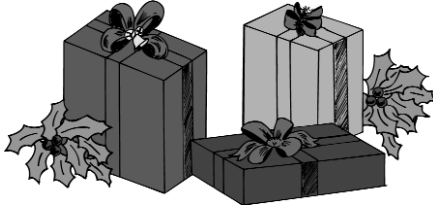
President's Message

by *Julianne Harris*

Happy New Year...Or Is It?

What a year! I think this is the time we are all asked to evaluate ourselves and our "year" I am one of those women who likes to take a look back on my projections for a new year.

I was cleaning out my work closet and unpacking left over presents from



the Senior Holiday Dinner '06 to use this year when I came across a box that had some misplaced paperwork from Jan '07. I guess in my flurry of packing last year's wrapping mess, I packed the "stack" on my desk. However, I came across my worksheet from our Jan '07 WBN presentation by Corinne McElroy, in which she encouraged us to create a theme for the new year.

My theme was "Freedom" with several points on how to achieve this. Under "Freedom Theme" was "professional growth" and, ironically, "consider a job." For those of you who know me, that seems CRAZY for me to want a job. But at that time I did. I wanted to be part of a team, a group of people working toward a common goal.

On Feb. 14, 2007, I started my job with the Oregon Pacific Chapter of the American Red Cross. Seven months and six major events later, I realized I did not want a job. However, I know I still want to be part of a group of people working for a common cause. I think I found this group.

I joined WBN in 1994, following the direction of Donna Freshman, who, sadly, recently passed away. She was one of WBN'S original founding members, and an incredible woman with a vision of bringing women together. She could see I was as green

as could be and became my mentor. She brought me into the Women's Mentorship Program, and then into WBN where she taught me that "The Women's Business Network is truly an alliance of local business and professional women who foster mutual success in the areas of profitability, leadership, and personal and professional growth through investing in networking, education, and mutual support.

I am so honored to have worked with Tricia Henry as Vice President for 2007 and, as we faced the challenges of our last official months of leadership together, I began to see a "theme" for the coming year.

We have an opportunity over the next year to stand tall with Donna's original mission statement. What is our theme for the New Year, and how does it fit with the WBN mission statement? I am really looking forward to working closely with the new board of



directors and you, our members, this year to recover, repair and release the challenges we were faced with at the end of 2007, and to building a strong group of women who can depend on each other.

Let me know your theme, what you want out of WBN, and what it is that you can contribute to WBN. Together, we can make a difference!

Namasté

-*Julianne*

CLASSIFIEDS

WANTED: Your old holiday/greeting cards and interesting looking plastic shopping bags. I enjoy creating unusual art projects from these items. If you haven't already recycled yours, could you please bring them to the next WBN meeting? Thanks for feeding my muse. Lori Macedone, Send-A-Song Singing Telegrams, lori-sendasong@juno.com

Network News

published monthly by
Women's Business
Network (WBN)

2008 BOARD

President

Julianne Harris
515-9600

Vice-President

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686-5324

Past President

Tricia Henry
520-6152

Treasurer

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607-0855

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683-2400

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579-9041
Johanna Dahlin
255-2640

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Juliana Cichy
349-9170

Board meetings are held at noon on the third Tuesday of every month and are open to the general membership. Meetings are held at West Coast Bank, 101 E. Broadway, Eugene (12-1:30 p.m.)

MEMBER NOTICES & NEWS



You are invited to attend the fabulous **Doncaster** Trunk Show for Spring at my home, 2670 City View, Jan. 28 through Feb. 2. Please call me (345-5255) or e-mail me (bdaclothes@aol.com) to schedule your appointment.

I will give a 10% DISCOUNT on your first item ordered. You can view our whole collection at www.doncaster.com and even order online at that website by entering my Consultant Code #790445.

It is fun and you will love the variety and high quality we offer!
–**Beverly Andrews**, Wardrobe Consultant with Doncaster for 25 years.



High-Gear Training Institute is bringing Success Builders Business Groups to this area. These groups pull together the key aspects of business success by offering members...

- Expert Business Presentations – local and regional guests
- Regional Networking – all groups
- Paid Sales Leads Program – brand new concept
- Roundtable Discussions

We bring you this group based on requests from business owners who want to:

- Make solid business connections
- Find up-to-date business information, and
- Make more sales!

Four groups will start in January in the Eugene/Springfield area. Membership is on a month-by-month basis after the first three-month period. And each month all the groups meet to network.

In February we will be in the Corvallis area and you will be able to network with those groups as well as the other groups in the Success Builders USA Network.

For details, times and locations, contact **Terri Harley**, Success Builders USA, Inc., 681-9877, www.SuccessBuildersUSA.com, www.hg-training.com



If you feel like you are running on automatic pilot, exhausted after the holidays, and want to renew your resources for nurturing body and being, check out **The Mindful Touch's** four workshop series *The Art Of Being Human!* or, if you have young children, *Self-Nurturing For Moms*.

A FREE introductory class will be held on Jan. 12, 2-3 p.m., at The Spirit Moves (18th and Willamette). Call **Vivienne H. Day**, CHT, LMT #12448 at 335-9315 for more details, or log on to www.themindfultouch.com

KUDOS



Want to recognize a member who has done something special, or whose actions or services have impressed you? This "spot" is reserved for your comments of appreciation.

KUDOS to **Diane Cheynne** of **Budget Blinds of Eugene** for donating her discontinued sample books to my art group.

–Lori Macedone, Send-A-Song Singing Telegrams

Happy New Year!



Check us out at www.wbneugene.org



P.O. Box 1412
Eugene, OR 97440

FIRST CLASS MAIL

NEXT MEETING
Employment Law Changes Explained
Mike Lehman
January 3, 2008



11:30 a.m.
Valley River Inn

**GUIDELINES FOR
WBN MEETING
ANNOUNCEMENTS**

Guidelines for announcements at the monthly general meeting are:

- Members only. Please sign up at the table when you enter.
- There is a maximum of 10 announcements per meeting. Only 3 announcements per membership year (July 1 - June 30), per member. So save them for your SPECIAL announcements.
- 30 seconds per member. We don't want to take time from the speaker.
- Remember, you can put an announcement in the Newsletter any time you wish (which reaches the entire membership) and place flyers on the networking table.

These are member benefits.

MEETING FEES

Occasionally, a WBN member or guest wanders into the monthly meeting before checking in at the entrance table and paying the fee. This means WBN is paying for a FREE lunch, or, more specifically, member annual dues are being tapped to pay for *someone else's* free lunch.

If this sounds like YOU, please contact **Susie Piper** (607-0855) to settle up. We know this isn't intentional, but the Valley River Inn takes a headcount and charges us accordingly.

WBN policy is that nobody is permitted into the meeting room until they've checked in first and paid their \$13 or \$20 fee. Thanks for helping us out and reducing the accounting woes for our treasurer.

**The Women's
Business Network**

Member Benefits:

- Free Listing in the Membership Directory**
- Free Listing On-line**
- Discounted Meeting Fee**
- Monthly Newsletter**
- Support From Other Businesswomen**
- Great Networking Opportunities**
- Educational Events to Enhance Your Business Success**
- Great Speakers**
- Fun Special Events**